

# GREEN WITCH CAFÉ

219 803 4444

## Salads

### ABC Salad - \$7.50 Vegan

Shredded Apples, Beets, and Carrots tossed in fresh lemon and olive oil.

### Greek Salad - \$7.95 Vegetarian

Cucumbers, tomatoes, onions, black olives and romaine lettuce, flavored with balsamic vinaigrette, topped with feta cheese.

### Beet Salad - \$7.95 Vegetarian

Pickled beets, creamy goat cheese, and roasted walnuts, atop mixed greens with raspberry vinaigrette dressing.

### Spinach Salad - \$7.95 Vegetarian

Spinach, dried cranberries, strawberries, red onions, roasted walnuts and blue cheese crumbles with poppy seed dressing.

### Kale Quinoa Salad - \$7.95 Vegan

Super-punch from super-foods. Iron rich kale, quinoa, apples, turmeric, and raisins in lemon-oil dressing.

### Harvest Salad - 7.95 Vegan

Apple, carrot, cabbage, celery, raisins, and assorted seeds over mixed greens. Raspberry vinaigrette dressing.

### Fiesta Salad - \$7.95 Vegetarian

Avocado, corn, beans, red onions, tomatoes, olives, and cheddar cheese atop lettuce with cilantro-lime dressing.

### Protein Salad - \$8.95 Vegan optional

Chicken breast, Albacore Tuna or Tofu with red pepper, chickpeas, onions, kalamata olives and mixed greens. Green goddess dressing.

**BUDDHA BOWL \$8.95 Vegan Mixed Greens, assorted grains, chef's choice of vegetables, seeds and toppings.- Let us surprise you! Side of Balsamic or Raspberry Vinaigrette**

## Sandwiches...Sort of

### Avocado Toast - \$6.95 Vegan

Avocado, sea salt and lime on whole grain with Fresh cucumber and poppy seeds or tomato slices and parsley or pickled beets

### Hummus Plate \$7.95 Vegan

Warm pita triangles and fresh, seasonal vegetables with homemade garlicky hummus

### Green SandWitch - \$7.95 Vegan

Wickedly good. Mashed chick peas, tomato, red cabbage, avocado & mixed greens on multigrain.

### Tofu Wrap - \$8.95 Vegan

Tofu, lettuce, tomato, red cabbage, carrot, cucumber & Green Goddess in a spinach wrap

### Protein Wrap - \$8.95

Chicken breast or Albacore tuna, lettuce, tomato, onions, cucumber & fresh Green Goddess

### Grilled Chicken Panini - \$9.95

Grilled chicken strips, melted mozzarella, greens, tomato and ranch dressing on ciabatta.

### Sicilian Panini - \$9.95

Salami, ham, mozzarella, greens, tomato and balsamic on ciabatta. Giardiniera side

### Caprese Flatbread - \$7.95 Vegetarian

Tomato, mozzarella & basil pesto

### Spinach Artichoke Flatbread \$8.50 Vegetarian

Spinach, artichokes, mozzarella, garlic

### Grilled Chicken Flatbread - \$8.95

Grilled chicken, tomato, spinach, mozzarella

### Vegan Flatbread - \$8.50 Vegan

Assorted grilled vegetables on a hummus base topped with balsamic dressed greens

### Soup of the day- \$3.95 Vegan