

30 Day Money Back Guarantee

- You may enroll up to 7 days prior to the date you choose to start.
- The initial tuition fee will be processed using the card on file. All future monthly tuition fees will be auto-withdrawn on the 1st of the month.
- To continue enrollment at the end of the trial period simply pay the yearly registration fee(s) in addition to any applicable tuition fees.
- If at the end of the trial period you are unsatisfied with your experience you will receive a refund for the monthly tuition fee paid during the initial registration. In order to receive your refund you must email us to request a withdrawal.
- Includes one class per week for a total of four classes.
- All four classes must be completed within the trial period. If you have a conflict we are happy to help you schedule a makeup.
- You may use this offer one time per child for whom you are the legal guardian.
- Cannot be combined with any other offers or discounts.
- Not valid for Little Sparks, summer camp, or any other special event offered by CVGA.

COED

Little Sparks - 45 minutes - 18 months to 2 years

Little Sparks is a parent/child class focusing on balance and coordination as well as fine motor, large motor, cognitive, and social skills. Come have fun with your little one!

Firecrackers - 60 minutes - Ages 3 to 4

Firecrackers are ready to participate without mom or dad in this jam packed hour filled with fun for your little one. Each week your child will practice on two of the four gymnastics events. They will also work on fine motor, large motor, cognitive, and social skills.

Summer Camp - June, July, and August - Ages 4-12

- ★ Weekly sessions
- ★ Half day and full day options available

GIRLS

Dynamites - 60 minutes - Ages 5 to 6

Dynamites is a level 1 gymnastics class for beginners. Each week your gymnast will practice on two of the four gymnastics events. Skills include forward rolls, backwards rolls, cartwheels, handstands, walking and static balances on the beam, and pull-overs and circling elements on the bar.

Rockets - 90 minutes - Ages 7 & up

Rockets is a level 1-2 gymnastics class for beginners. Each week your gymnast will practice on all four gymnastics events. Skills include cartwheels, round-offs, back bends, handstands, walking and static balances on the beam, and pull-overs and circling elements on the bar.

Rising Stars - 120 minutes - Ages 8 & up

Rising Stars is a level 2-3 gymnastics class for gymnasts who have had some gymnastics experience or are older beginners. Each week your gymnast will practice on all four gymnastics events. Skills include cartwheels, round-offs, back handsprings, back walkovers, handstands and cartwheels on the beam, and pull-overs and circling elements on the bar.

BOYS

Hot Shots - 60 minutes - Ages 5 to 6

Hot Shots is our Level 1 boys class for beginners. Each week your gymnast will work on strength, balance, flexibility, and tumbling skills. Hot Shots also includes practice on the boys' gymnastics events - high bar, still rings, pommel horse, and parallel bars.

Freedom Flippers - 90 minutes - Ages 7 & up

Freedom Flippers is our level 2 boys class for beginners. Each week your gymnast will work on strength, balance, flexibility and tumbling skills. Freedom Flippers also includes practice on the boys' gymnastics events - high bar, still rings, pommel horse, and parallel bars.

COMPETITIVE

WOMEN'S DEVELOPMENTAL PROGRAM

Training Team/Pre-Team - Level 2

Compulsory - Levels 3-5

Optionals - Levels 6-10

XCEL

Bronze

Silver

Gold

Platinum

Diamond

MENS DEVELOPMENTAL PROGRAM

Compulsory - Levels 3-5

Optionals - Levels 6-10