

Legacy Nutrition Menu

Smoothies:

BREAKFAST:

Apple Jacks
Banana Nut Muffin*
Blueberry Muffin
Brown Sugar Cinnamon Pop tart
Captain Crunch Berry
Captain Crunch PB Berry*
Chocolate Glazed Donut w/ Sprinkles
Cinnamon Glazed Donut
Cinnamon Toast Crunch
Coffee Cake
French Toast
Fruity Pebbles
Honey Nut Cheerios*
Pecan Spin Wheel*
Toaster Strudel

COFFEE HAUS:

Caramel Latte
Hazelnut Latte*
Mint Latte
Mocha Latte
Peanut Butter Latte*
Salted Caramel Latte
Strawberry Frappe
Vanilla Cappuccino

MAGIC MINT:

Grasshopper
Mint Meltaway
Mint Mojito
Mint Oreo
Peppermint Patty
Shamrock Shake

CANDY CORNER:

Almond Joy*
Butterfinger*
Caramel Corn
Cherry Cordial
Chocolate PB Brittle*
Payday
Pink Starburst
S'mores
Snickers*
Take Five*
Twix
White Chocolate Reese's*

CAKE:

Banana Foster
Birthday Cake
German Chocolate Cake
Lemon Pound Cake
Mexican Wedding Cake*
Pineapple Upside Down Cake
Strawberry Shortcake
Wedding Cake

PIE:

Banana Cream Pie
Cherry Pie
Coconut Cream Pie
Key Lime Pie

CHEESECAKE:

Black Cherry
Blueberry
Peanut Butter*
Strawberry
Turtle
White Chocolate Raspberry

NUTTY MADNESS:

Buckeye*
Dirty Elvis*
Elvis*
Peanut Butter Blossom*
Peanut Butter Brownie Batter
Peanut Butter Pie*
Peanut Butter & Jelly*

SUNDAE BAR:

Banana Split
Chocolate Milkshake
Chunky Monkey*
Orange Dreamsicle
Raspberry Sorbet
Rocky Road*
Strawberry Milkshake
Vanilla Milkshake

CHOCOHOLICS:

Brownie Batter
Chocolate Banana
Chocolate Covered Cherry
Double Dutch Chocolate
Orange Truffle
White Chocolate Cherry Chip

FRUITY SENSATIONS:

Aloha Delight
Banana Berry
Banana Colada
Blueberry Coconut
Caramel Apple Pie
Cherry Almond Vanilla*
Coconut Crush
Orange Strawberry
Strawberry Banana
Tropical Fruit

COOKIE LOVERS:

Blondie Brownie
Butterscotch
Chocolate Chip Cookie Dough
Frosted Animal Cookie
No Bake Cookie
Nutter Butter*
Oatmeal Raisin Cookie
Peanut Butter Blossom*

Samoa

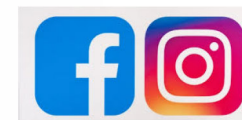
Snickerdoodle
Sugar Cookie
Tagalong
Thin Mint
Vanilla Wafer

*Contains Nuts

Combo's/Energy Bombs

Combo 1 (Aloe, Tea, Smoothie) \$8
Combo 2 (Aloe, 16 oz. Energy Bomb, Smoothie) \$12
Combo 3 (Aloe, 24 oz. Energy Bomb, Smoothie) \$14
Combo 4 (Aloe, 32 oz. Energy Bomb, Smoothie) \$16

Legacy Nutrition
1065 W. Jefferson St.
Franklin, IN 46131
574-596-3542



How to order:

Step 1: Choose your Aloe
(Cranberry, Mandarin, Mango)

Step 2: Choose Your Tea
(Cinnamon, Chai, Lemon, Original,
Peach, Pomegranate, Raspberry, Relax, Energy Bomb)

Step 3: Choose your Smoothie
See Menu

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Energy Bombs:

Berry Blastoff:

Pomegranate Liftoff
Blueberry Bev.
Strawberry Bev.

Blood Orange:

Orange Liftoff
Orange Bev.
Tropical Fruit Bev.

Bikini Martini:

Tropical Liftoff
Cherry Bev.
Coconut Bev.
Pineapple Bev.

Captain America

Pomegranate Liftoff
Raspberry Bev.
Blue Blast Bev.

Cherry Bomb:

Pomegranate Liftoff
Cherry Bev.

Dark Knight:

Pomegranate Liftoff
Blue Blast Bev.
Grape Bev.

Darth Vader:

Pomegranate Liftoff
Grape Bev.
Blue Raspberry Bev.

Flavor Blast:

Orange Liftoff
Grape Bev.
Raspberry Bev.
Strawberry Bev.

Grape Jolly Rancher:

Orange Liftoff
Blueberry Bev.
Grape Bev.
Orange Bev.

Gummy Worm:

Pomegranate Liftoff
Rainbow Candy Bev.
Raspberry Bev.

Gushers:

Tropical Liftoff
Blue Blast Bev.

Hulk Smash:

Lemon Lime Liftoff
Blue Raspberry Bev.
Grape Bev.

Mango Madness:

Tropical Liftoff
Mango Bev.

Melon Head:

Tropical Liftoff
Melon Bev.
Pineapple Bev.

Ninja Turtle:

Lemon Lime Liftoff
Blue Blast Bev.
Grape Bev.

Passion Punch:

Tropical Liftoff
Passion Bev.
Tropical Fruit Bev.

Raspberry Blastoff:

Pomegranate Liftoff
Raspberry Bev.

Skittles:

Orange Liftoff
Grape Bev.
Rainbow Candy Bev.

Snozzberry:

Orange Liftoff
Pineapple Bev.
Strawberry Bev.

Strawberry Lemonade:

Lemon Lime Liftoff
Lemonade Bev.
Strawberry Bev.

Sunny Day:

Orange Liftoff
Orange Bev.
Pineapple Bev.

Superman:

Pomegranate Liftoff
Blue Blast Bev.
Strawberry Bev.

Superwoman:

Pomegranate Liftoff
Blue Blast Bev.
Cherry Bev.

Tropical Passion:

Tropical Liftoff
Passion Bev.

Unicorn Candy:

Lemon Lime Liftoff
Cherry Bev.
Rainbow Candy Bev.

Very Berry:

Pomegranate Liftoff
Acai Berry
Blueberry Bev.

Watermelon Blow Pop:

Pomegranate Liftoff
Watermelon Bev.

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