



Healthy Body Bakery

## CUPCAKES

APPLE SPICE

BANANA

BLACK COCOA

CARROT

DOUBLE CHOCOLATE

LEMON CITRUS (GF)

RED VELVET

STRAWBERRY

VANILLA (GF-V-DF)

KETO BLACK COCOA (GF-SF)

KETO VANILLA (GF-SF)

## KETO COOKIES (SF)

ALMOND BUTTER

BLACK COCOA PEANUT BUTTER

PEANUT BUTTER

KETO PUFFS

## KETO FRIENDLY CHEESECAKES

(GF-SF)

BIRTHDAY CAKE

BLUEBERRY

CHOCOLATE PEANUT BUTTER

COCONUT

DOUBLE CHOCOLATE

KEY LIME

LEMON CITRUS

ORANGE CREAMSICLE

PEANUT BUTTER

PUMPKIN

STRAWBERRY

VANILLA

VANILLA LATTE



# Healthy Body Bakery

## CAKES

APPLE SPICE  
BANANA  
BLACK COCOA  
CARROT  
CHOCOLATE PALEO (GF-DF)  
COCONUT  
DOUBLE CHOCOLATE  
LEMON CITRUS (GF)  
RAISIN WAR (V-DF)  
RED VELVET  
STRAWBERRY  
VANILLA (GF-V-DF)

\*MOST OF OUR CAKES CAN BE MADE  
IN A VARIETY OF SIZES: 6" SINGLE  
LAYER (SMASH CAKE), 6" (3)  
LAYER, 8" (3) LAYER, 10" (3)  
LAYER, 12" (3) LAYER, 14" (3)  
LAYER, OR A 1 LAYER HALF SHEET.  
WE ALSO MAKE BIRTHDAY AND  
WEDDING CAKES TO ORDER

## MUFFINS

APPLE SPICE (DF)  
BANANA (DF)  
BLACK COCOA (DF)  
BLUEBERRY (DF)  
CARROT (DF)  
LEMON CITRUS (DF-GF)  
NATURAL COCOA (DF)  
RED VELVET (DF)  
STRAWBERRY (DF)  
VANILLA (GF-DF-V)

## FROSTING FOR SPECIAL ORDERS

REGULAR CREAM CHEESE  
DAIRY FREE  
BLACK COCOA  
CINNAMON  
COCONUT  
LEMON  
PEANUT BUTTER  
STRAWBERRY  
VANILLA

\*ADVANCE NOTICE OF 72 HOURS IS NEEDED FOR ALL  
SPECIAL ORDERS. THANKS!

Healthy Body Bakery  
913 Conference Dr, Suite 106  
Goodlettsville, TN 37072  
615-210-2655  
[www.HealthyBodyBakery.net](http://www.HealthyBodyBakery.net)  
[hello@healthybodybakery.net](mailto:hello@healthybodybakery.net)

## COOKIES

CHEWY GINGER MOLASSES

DOUBLE CHOCOLATE CHIP (GF)

OAT CHOCOLATE CHIP (GF)

OAT RAISIN (GF)

SUGAR COOKIES (V)

## BARs

BROWNIES

OAT BAR W/ CRANBERRIES AND CHOCOLATE CHIPS

OAT BAR W/ RAISINS

## MEALS AND SIDES

GRAB-N-GO MEALS (KETO VARIETIES

AVAILABLE)

CHICKEN SALAD

POTATO SALAD

HEALTHY CHIPS

### SOME BAKING SLANG

(DF) Dairy Free

(GF) Gluten-Free

(SF) Sugar-Free

(V) Vegan

\*Most baked goods can be made vegan, sugar-free, gluten-free, and dairy free. Please call to inquire.

\*We can not say with 100% certainty that cross-contamination will not occur. However, we do our best to make sure that it doesn't happen, including thoroughly cleaning each mixer, work space, and pan used in between each recipe.

\*We do use nut products in our facility as well as other allergens.

\*We are a wheat, corn, and soy free baking facility. We do not use these in any of our baked goods.

**\*Advance notice of 72 hours is recommended for special orders.**

## BEVERAGES

HALF HILL FARM KEFIR & KOMBUCHA

KETO COFFEE

NUJO ROASTED ROOT DRINK

REACHING 360 COFFEE

ZEVIA (KIDS, TEAS, COLAS, AND ENERGY DRINKS)

ASSORTED BOTTLES OF WATERS AND

SPARKLING WATERS