



*Welcome*  
*to*  
**Lauren's**  
Seafood Blues & Jazz

# Lauren's

Seafood Blues & Jazz

9501 Arlington Expressway  
Jacksonville, FL 32225

## MENU

### STARTERS

- Fried Green Tomatoes & Shrimp, Arugula Salad  
w/Cajun Drizzle or Remoulade  
\$17.00
- Mini Crabcakes (3 mini crabcakes w/citrus salad)  
\$13.00
- Crab & Shrimp Egg Rolls  
\$15.00
- Philly Steak Egg Rolls  
\$13.00
- Hoo Doo Voo Doo Balls  
\$17.00
- Shrimp Cocktail  
\$14.00
- Crabcakes  
\$16.00

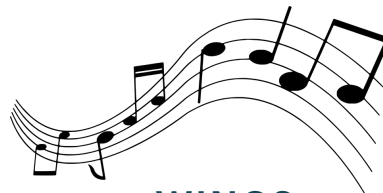
### PASTAS

#### \*Regular or Cajun Fettuccine Pasta

- Shrimp \$15.00
- Chicken \$14.00
- Veggie \$12.00
- Sausage \$12.00

### SALADS

- Chicken (grilled or blackened) Caesar Salad  
\$12.95
- Shrimp (grilled or blackened) House Salad  
\$14.95
- Salmon (grilled or blackened) Salad  
\$16.95



### WINGS

Hot, Mild, Lemon Pepper, Garlic, Honey Mustard, Ranch  
or Seafood flavored

- |                     |         |
|---------------------|---------|
| 6 PC Combo w/Fries  | \$11.95 |
| 10 PC Combo w/Fries | \$16.95 |
| Wings only          | \$9.99  |

### ALCOHOLIC BEVERAGES

- |                            |           |
|----------------------------|-----------|
| Well Drinks                | \$10      |
| Top Shelf                  | \$12-\$15 |
| Wines (By the glass)       | \$7-\$12  |
| Bottomless Mimosas         | \$20      |
| Belaire Champagne (Bottle) | \$75      |
| Domestic Beers             | \$4       |
| Imported Beers             | \$5       |

### BEVERAGES

- |                                      |        |
|--------------------------------------|--------|
| Coffee                               | \$2.00 |
| Juices (Orange, Cranberry,<br>Apple) | \$3.00 |
| Coke Products                        | \$2.50 |

## NOTE

18% Gratuity Added To Each Bill

# Lauren's

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## BREAKFAST/ENTREES 9AM - 2PM

Avocado Toast w/Egg - \$10.00

Shrimp & Grits - \$18.00

Crabcakes & Grits - \$20.00

\*2 Crabcakes w/2 sides - \$24.00

Catfish & Grits - \$22.00

Salmon & Grits - \$22.00

Liver & Onions w/Grits, 2 Eggs - \$20.00

w/o Egg - \$17.00

\*w/2 sides - \$23.00

Shrimp & Salmon Croquettes w/ Grits - \$15.00

Oxtails & Grits - \$32.50

\*w/2 sides - \$36.00

Shrimp & Lobster Omelet w/Remoulade - \$22.00

Meat Lovers Omelet - \$14.00

French Toast w/Fresh Strawberries or Blueberries - \$12.00

Veggie Omelet - \$13.00

Chicken Strips & Waffles - \$18.00

Pancakes w/Fresh Berries, Sausage or Bacon

(3 pancakes - \$10.00)

(2 pancakes - \$7.00)

Gumbo

(small - \$10.00)

(large - \$20.00)

Egg Benedict w/Steak, Mixed Greens, Garlic cream sauce - \$20.00

2 Eggs (any way) w/Bacon or Sausage & Toast - \$11.00

Cornedbeef Hash w/grits - \$17.00

Biscuit & Gravy

small \$5.00

large \$10.00

## SEAFOOD DINNERS

Whiting \$11.95

Tilapia \$13.95

Catfish \$14.95

Shrimp \$14.95

Scallop \$15.95

Oysters \$15.95

Salmon \$16.95

Any 2 from above except \$30.49

Salmon **+4 up charge**

Lobster \$30.00

Lamb Chops \$35.00

## BREAKFAST SIDE SHOWS

Waffe \$3.50

French Toast \$5.00

Egg \$1.25

Biscuit \$2.00

Sausage or Bacon \$3.00

Toast \$2.00

Sausage gravy \$3.00

## SEAFOOD A LA CARTE

Whiting 2pc \$6.50

Tilapia 2pc \$7.50

Catfish 2pc \$9.50

Salmon 1pc \$10.50

Shrimp 12pc \$10.50

Oyster 12pc \$11.50

Scallops 12pc \$11.75

Red Beans & Catfish \$23.00



(Served with Fries, Coleslaw & Hushpuppies or choice of one side)

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## Seafood Blues & Jazz



### PO BOY'S

(Served w/Fries or Coleslaw)

Lobster	\$16.96
Fish (Catfish, Whiting or Tilapia)	\$11.95
Shrimp	\$11.95
Chicken	\$9.95
Philly Cheesesteak	\$12.95
Crawfish	\$12.95
Oysters	\$13.95

### SANDWICHES

(Dressed w/Lettuce & Tomato)  
(Served w/Fries or Coleslaw)

Whiting	\$6.95
Tilapia	\$7.25
Catfish	\$7.95
Pork Chop	\$6.95
Smash Burger	\$13.95

### SIDE SHOWS

Mac & Cheese	\$6.00
Grits	\$4.00
Corned Beef Hash	\$6.00
Collard Greens	\$5.00
Potato Salad	\$5.00
Red Beans & Rice	\$6.00
Rice or Dirty Rice	\$5.00
Fries w/Cajun seasoning	\$3.00
Hushpuppies	\$3.00
Coleslaw	\$3.00
Sweet Potato Fries	\$4.00
Broccoli (fried or steamed)	\$4.00
<b>Lauren's</b> Potatoes (Red Bliss potatoes with red & green peppers)	\$5.00

### SEAFOOD COMBOS

(All combos served with Corn, Potatoes & Sausage)

1 Snow Crab & Shrimp Combo	\$29.95
2 Snow Crabs & Shrimp Combo.	\$39.95
Shrimp Combo	\$20.99

#### Combo I

Crawfish & Shrimp - \$24.95

#### Combo II

2 Snow Crab legs, Crawfish & Shrimp - \$42.95

#### Combo III

3 Snow Crab legs, Crawfish & Shrimp - \$49.99

### Crab A La Carte

(Served with Corn & Potatoes)

Crawfish	\$10.95
Shrimp	\$16.95
Snow Crab	\$25.95
Mussels	\$14.95

### KIDS MENU

Chicken Tenders w/Fries	- \$7.00
Gilled Cheese	- \$5.00
Mac & Cheese	- \$5.00
4 Wings w/Fries	- \$7.00

## FOLLOW US



Lauren's Seafood Blues & Jazz



@laurenseafood

*Thank You for your*

**BUSINESS!**

