

Patch

NORTH CENTER-ROSCOE VILLAGE, IL

Cloud 9 Nutrition is Bringing a Healthy Lifestyle to North Center

New nutrition club becomes go-to destination for energizing beverages and healthy protein snacks.

Cloud 9 Nutrition, a new go-to destination for energizing beverages and protein snacks in Chicago's North Center neighborhood, is helping its customers make conscious food choices that nourish the body.

Opened earlier this month at 4056 N Lincoln Ave, the family run nutrition club specializes in energizing beverages that provide a refreshing way to boost energy levels without the crash, as well as healthy protein snacks that are low in sugar.

"We're so excited about bringing Cloud 9 to North Center and providing quick, healthy options to the community," said 20-year-old club owner Monica Vega, who you'll find working behind the counter on any given day with her mother, Antonia. "We understand that maintaining a healthy diet shouldn't be boring. At Cloud 9, we're dedicated to promoting a healthy lifestyle and supporting our customers in achieving their nutritional goals."



With a focus on premium ingredients, great taste, and customer satisfaction, the grab-and-go menu at Cloud 9 is highlighted by 20 different energy refreshers and 15 healthy shakes.

Some of the refreshers – all of which are enhanced with various combinations of electrolytes, collagen, fiber, probiotic, and Vitamin C – include the Anti-Aging, Destresser, Acai Lemonade, Watermelon Splash, Jolly Rancher, and Cucumber Fresh.

Popular shakes on the menu include S'mores, Cinnamon Roll, Mango Pineapple, Berry Blossom, and Detox.

Customers can complete their healthy and nutritious journey at Cloud 9 with five bowls (Acai, Mango, Sunset, Monkey, and Strawberry Banana), three oatmeal flavor variations (Cinnamon Roll, Chocolate, and Banana), and delicious protein waffles.

"Health begins and ends with how you choose to fuel your body and your lifestyle," added Vega. "We're here to support you on your wellness journey."