

Meet Our Team



Brooke Blalock

Owner, Operator, & Nurse Practitioner

Lauren Brasfield

Front Desk Receptionist



Star Miller

Certified Medical Assistant

Jill Patterson

Office Manager



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Avary Stephens

Marketing Manager & Spray Tan Artist

Amber Kitchens

Licensed Practical Nurse



Alanda Adams

Licensed Practical Nurse

Leea Fenton

Licensed Aesthetician





Brooke Blalock

Owner, Operator, & Nurse Practitioner

Brooke began her nursing career in 2008 as a Licensed Practical Nurse, driven by a deep desire to care for others and make a meaningful impact in healthcare. She advanced to Registered Nurse in 2013 and achieved her Nurse Practitioner credentials in 2018, graduating from Rocky Mountain University in Provo, Utah.

Her early years were spent in long-term care, where she developed strong, lasting relationships with patients and families. In 2020, she transitioned to the hospital setting, gaining invaluable experience in a high-acuity environment. After three years in hospital care, she decided to follow her passion for aesthetics and wellness by founding her own practice—Beyond Beauty Med Spa.

At Beyond Beauty, Brooke specializes in aesthetic medicine, medical weight loss, hormone replacement therapy, and comprehensive body image enhancement. She has completed advanced training in laser therapy, PRP (platelet-rich plasma), dermal fillers, Botox, and facial threads, offering clients safe, customized, and evidence-based treatments. Her work reflects a unique blend of clinical expertise and artistic vision, empowering her clients to look and feel their best.

Outside of her professional life, she lives in the country with her two dogs. She enjoys driving her Jeep, spending weekends at the lake, traveling, and sharing life with her friends. These experiences keep her energized and connected to what matters most.

Through every stage of her career, Brooke has remained committed to compassionate care, innovation, and helping others become the best version of themselves—inside and out.

Lauren Brasfield



Front Desk Receptionist

Lauren is the friendly face that greets you when you walk through our doors. As the Front Desk Receptionist, she plays a key role in keeping the clinic running smoothly—greeting patients with a smile, scheduling appointments, and keeping our records organized and up to date.

When she is out of the office, Lauren enjoys spending quality time with friends and family, frequently traveling down to Oxford, Mississippi, to cheer on her beloved Ole Miss Rebels. Some of her favorite hobbies include cooking, binge watching sitcoms on Hulu, and attempting new crochet projects—even though her cat tries to eat the yarn.

Star Miller



Certified Medical Assistant

With a clinical background and Medical Assistant certification, Star is a vital part of our patient care team. Whether she's assisting with procedures like facial fillers or hormone replacement therapy, or administering injections, Star brings skill, professionalism, and efficiency to every patient interaction.

Currently working toward her nursing degree, she's passionate about expanding her knowledge and is eager to pursue a career in dermatology and aesthetics. Outside the clinic, Star enjoys relaxing with a good book and cherishing time with her husband and three energetic sons.

Jill Patterson



Office Manager

As our Office Manager, Jill Patterson keeps the clinic running smoothly with a focus on efficiency, organization, and outstanding client service. With over a decade of experience balancing professional and personal responsibilities, she brings a grounded and dependable presence to the team.

Married for 10 years and a proud mother of two, she enjoys spending her time outside of work with her family. Her warm personality and attention to detail help create a welcoming and professional environment for both clients and staff.

Avary Stephens



Marketing Manager & Spray Tan Artist

Avary is a talented Aesthetician and our go-to marketing and social media manager – affectionately known around here as the “TikTok Queen.” With a bubbly personality and a natural ability to connect with others, she’s well known for her flawless spray tans, standout marketing skills, and personable approach that keeps clients coming back.

When she’s not creating engaging content or helping clients glow, you’ll likely find her at the river on the weekends, riding side-by-sides or with her adorable Boykin Spaniel. Whether she’s behind the camera or behind the scenes, Avary brings energy, creativity, and genuine charm to everything she does.

Alanda Adams



Licensed Practical Nurse

Alanda has been a dedicated LPN for 14 years, bringing a compassionate approach honed over two decades in the medical field. Committed to providing exceptional care, Alanda is as devoted to her patients as she is to her family.

Married to her high school sweetheart for 24 years, she is a proud parent to three, including a beloved daughter-in-law. When not at work, Alanda cherishes lake days, quality time with family and friends, and showering affection on her two adorable labradoodles. Her rich experiences and warm personality make her an invaluable asset to every medical team.

Amber Kitchens



Licensed Practical Nurse

With four years of nursing experience, Amber brings a strong foundation of clinical skill, compassion, and professionalism to the team. Known for her gentle personality and calm presence, she plays a key role in assisting the provider and ensuring each patient feels supported and cared for throughout their visit. Her combination of medical knowledge and empathetic care makes her an invaluable asset to both patients and colleagues alike.

She has been married for 28 years and is the proud mom of a daughter currently in college. Outside of her professional role, she serves as a youth leader at New Life Church of Dyersburg, where she invests in the next generation with heart and purpose. In her free time, she enjoys traveling and making memories with her close friends and family.

Leea Fenton



Licensed Aesthetician

Leea is a dedicated and passionate aesthetician known for her expertise in brow lamination, micro needling, and in-depth skincare treatments. She specializes in customized acne facials and takes pride in helping clients achieve clear, healthy skin. Always eager to expand her knowledge, she is currently preparing to pursue a career in nursing with the goal of working in the aesthetic medical field.

Outside of work, she enjoys shopping, trying new foods, spending time outdoors, hanging out with friends, and traveling to new places. Her upbeat personality and commitment to both personal and professional growth make her a valued member of any team.



We Hope To See You Soon!