



ZEN ATELIER SPA

# PRICE LIST

## MASSAGE THERAPY

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SWEDISH MASSAGE – 60 MIN	\$60
DEEP TISSUE MASSAGE – 60 MIN	\$75
90 MIN MASSAGE	\$110
2 HOUR MASSAGE	\$140

## HOT STONE THERAPY

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HOT STONE – 30 MIN	\$75
HOT STONE – 60 MIN	\$100
HOT STONE – 90 MIN	\$125
HOT STONE – 2 HOUR	\$165

## SPECIAL BODY WORK

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ISOLATED STRETCH THERAPY – 60 MIN	\$75
FOOT REFLEXOLOGY	\$50

## FACIAL SERVICES

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EXPRESS FACIAL	\$45
PREMIUM FACIAL	\$75
CHEMICAL PEEL (FACE)	\$250
ADVANCED BACK TREATMENT	\$450
CHEMICAL PEEL	



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## ADVANCED FACIAL ENHANCEMENTS

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<b>OXYGEN INFUSION FACIAL</b>	\$95
INSTANT HYDRATION + GLOW BOOST	
<b>GALVANIC RENEWAL FACIAL</b>	\$90
DEEP PRODUCT PENETRATION + DETOX	
<b>HIGH FREQUENCY CLARIFYING FACIAL</b>	\$85
ACNE, INFLAMMATION & CIRCULATION SUPPORT	
<b>MICRODERMABRASION RESURFACING FACIAL</b>	\$110
TEXTURE SMOOTHING + CELLULAR RENEWAL	

## ARTISAN ADD-ONS

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DERMA PLANE RITUAL	\$40
FOCUSED EXTRACTIONS	\$20
EXTENDED EXTRACTIONS	\$35
HIGH FREQUENCY BOOST	\$20
GALVANIC INFUSION BOOST	\$20
OXYGEN GLOW ADD-ON	\$25

## BODY RITUAL ADD-ONS

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AROMATHERAPY INFUSION	\$10
BACK SCRUB TREATMENT	\$35
FOOT RENEWAL SCRUB	\$20

## WAXING & GROOMING

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BROW WAX	\$10
LIP WAX	\$7
UNDERARM WAX	\$25
LIP + BROW WAX	\$12



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## TINTING

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BROW TINT	\$8
LASH TINT	\$8
LASH + BROW TINT RITUAL	\$12

## CURATED RETAIL

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JEWELRY BRACELET	\$5
JEWELRY NECKLACE	\$10
SMALL DECAL	\$5
LARGE DECAL	\$10

(678) 262-7386

@ZEN\_ATELIER



# ZEN ATELIER SPA

## BUNDLES

### THE ZEN RESET FACIAL \$135 | 75-90 MIN

A restorative facial experience designed to reset stressed skin and calm the nervous system. This treatment gently exfoliates, deeply hydrates, and encourages healthy circulation—leaving skin refreshed, balanced, and glowing.

#### INCLUDES:

- PREMIUM FACIAL
- DERMAPLANE RITUAL
- HIGH FREQUENCY BOOST

Best for: dull skin, congestion, stress-related breakouts, uneven texture

### THE ATELIER GLOW RITUAL \$155 | 90 MIN

A luminous skin ritual focused on hydration, oxygenation, and radiance. Ideal before special events or whenever your skin feels tired and depleted.

#### INCLUDES:

- OXYGEN INFUSION FACIAL
- GALVANIC INFUSION BOOST
- FOCUSED EXTRACTIONS (IF NEEDED)

Best for: dry or dehydrated skin, lackluster tone, instant glow results

### DEEP RENEWAL FACIAL JOURNEY

\$175 | 90 MIN

A comprehensive resurfacing experience that smooths texture, refines pores, and supports long-term skin renewal. This treatment is customized to your skin's tolerance and goals.

#### INCLUDES:

- MICRODERMABRASION RESURFACING FACIAL
- DERMAPLANE RITUAL
- EXTENDED EXTRACTIONS

Best for: uneven texture, congestion, sun damage, fine lines



## ZEN ATELIER SPA BUNDLES

### CLARIFY & CALM ACNE SUPPORT FACIAL

\$145 | 75-90 MIN

A targeted treatment designed to calm inflammation, reduce bacteria, and support clearer skin—without stripping or over-drying.

INCLUDES:

- HIGH FREQUENCY CLARIFYING FACIAL
- FOCUSED EXTRACTIONS
- CALMING MASK + BARRIER REPAIR FINISH

Best for: acne-prone skin, hormonal breakouts, inflammation

### BACK RENEWAL RITUAL

\$160 | 75 MIN

A deep-cleansing and exfoliating treatment for one of the most commonly neglected areas of the body. Designed to clarify pores, smooth texture, and support healthy skin on the back.

INCLUDES:

- BACK SCRUB TREATMENT
- CUSTOMIZED BACK FACIAL
- HIGH FREQUENCY THERAPY

Best for: back acne, congestion, rough texture

### TOTAL BODY UNWIND

\$130 | 90 MIN

A grounding experience that restores both body and mind. Perfect for clients needing physical relief while still craving relaxation.

INCLUDES:

- 60-MINUTE SWEDISH MASSAGE
- FOOT REFLEXOLOGY
- AROMATHERAPY INFUSION

Best for: stress relief, tension, nervous system regulation



ZEN ATELIER SPA  
**BUNDLES**

**THE ZEN SCULPT &  
FLOW**

\$145 | 90 MIN

A focused body treatment combining therapeutic massage techniques with intentional stretching to improve mobility and reduce chronic tension.

**INCLUDES:**

- ONE HOUR MASSAGE
- ISOLATED STRETCH THERAPY
- AROMATHERAPY INFUSION

Best for: chronic tightness, limited range of motion, active lifestyles

**MINI GLOW ADD-ON  
BUNDLE**

\$55 | ADD-ON ONLY

Enhance any facial with a quick glow boost designed to elevate results without extending treatment time significantly.

**INCLUDES:**

- DERMAPLANE RITUAL
- GALVANIC INFUSION BOOST





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## MIGRAINE RELIEF THERAPY PACKAGES

### MIGRAINE EASE SESSION

**\$95 | 75 MINUTES | LIGHT TO MODERATE PRESSURE**

A calming, nervous-system-focused session using gentle, intentional techniques to reduce muscular tension commonly associated with migraine triggers. This session avoids deep pressure and prioritizes comfort, breath, and sensory regulation.

**INCLUDES:**

- LIGHT SWEDISH MASSAGE TO NECK, SHOULDERS, AND UPPER BACK
- GENTLE SCALP MASSAGE
- FACIAL PRESSURE POINT THERAPY
- AROMATHERAPY INFUSION (PEPPERMINT OR LAVENDER)

Best for: stress-related migraines, sensitivity to pressure, first-time migraine clients

### CHRONIC MIGRAINE SUPPORT RITUAL

**\$145 | 90 MINUTES | MODERATE TO DEEP PRESSURE (AS TOLERATED)**

A therapeutic session designed for clients who benefit from deeper muscular work in the neck, shoulders, and upper back while still maintaining a calm, low-stimulation environment.

**INCLUDES:**

- TARGETED DEEP TISSUE WORK TO NECK, SHOULDERS, AND UPPER BACK
- ISOLATED STRETCH THERAPY
- SCALP AND TEMPLE WORK
- FOOT REFLEXOLOGY
- OPTIONAL LOW-LIGHT SETTING

Best for: chronic migraines, muscular compression, tension-based headaches



**ZEN ATELIER SPA**  
**MIGRAINE RELIEF**  
**THERAPY PACKAGES**

**MIGRAINE CARE SERIES (4 SESSIONS)**

**\$520 | PRESSURE CUSTOMIZED PER SESSION**

A progressive care plan where pressure is adjusted session-by-session based on response and symptom patterns.



ZEN ATELIER SPA  
TMJ RELIEF THERAPY  
PACKAGES

**TMJ RELEASE SESSION**

**\$85 | 60 MINUTES | LIGHT TO MODERATE PRESSURE**

A gentle, focused session using external jaw work only, emphasizing relaxation and decompression rather than force.

**INCLUDES:**

- EXTERNAL JAW AND FACIAL MUSCLE TECHNIQUES
- LIGHT NECK AND SHOULDER MASSAGE
- FACIAL PRESSURE POINT THERAPY
- HEAT APPLICATION (IF APPROPRIATE)

Best for: jaw clenching, facial sensitivity, clients new to TMJ work

**ADVANCED TMJ RELIEF RITUAL**

**\$135 | 90 MINUTES | MODERATE TO DEEP PRESSURE (AS TOLERATED)**

A comprehensive session for chronic TMJ tension that incorporates deeper muscle engagement in the neck and shoulders while maintaining careful, controlled pressure at the jaw.

**INCLUDES:**

- EXTENDED JAW, NECK, AND SHOULDER WORK
- DEEPER TISSUE TECHNIQUES TO SUPPORTING MUSCLES
- SCALP MASSAGE
- ISOLATED CERVICAL STRETCHING
- AROMATHERAPY INFUSION

Best for: chronic TMJ dysfunction, tension headaches linked to jaw imbalance

**TMJ RESTORATION SERIES (4 SESSIONS)**

**\$480 | PRESSURE CUSTOMIZED & PROGRESSED OVER TIME**

Pressure is gradually increased or reduced based on symptom response and muscle adaptation.

**OPTIONAL ENHANCEMENTS  
(PRESSURE-NEUTRAL ADD-ONS)**

AROMATHERAPY INFUSION	\$10
HIGH FREQUENCY(FACIAL MUSCLES ONLY)	\$20
SCALP MASSAGE EXTENSION	\$15